

April 2026

Dear Parents

Year 4 Physical Education

In the summer term, the Houses working together are:

- RED GROUP - Grandin with Du Pre**
- BLACK GROUP - Gilbert with Le Sueur**

Please see information below regarding PE lessons. Pupils do not require any specialist equipment this term.

			Summer 1	Summer 2
RED	Grandin and Du Pre	Tuesday	Cricket*/Net games	Cricket*/Net games
		Wednesday	Indoor Athletics	Rounders
BLACK	Gilbert and Le Sueur	Tuesday	Net games/Cricket*	Net games/Cricket*
		Wednesday	Rounders	Indoor Athletics

* Coaches from Jersey Cricket will be coming in to deliver sessions in this PE lesson.

Illness and Injury for PE lessons

In the case of illness and/or injury where pupils are in school:

- Pupils will be asked to take part in the lesson to the best of their ability unless an email has been received from a parent, doctor or physio requesting that they abstain from physical activity.
- In the case of long-term injury, a letter from the doctor or physio is preferred to make it clear for all involved.
- Every pupil will take part in PE in some capacity to continue their learning, if injured they will be asked to coach, officiate and/or set up.
- Curriculum PE takes priority, so if a pupil doesn't take part in a PE lesson, then they can't take an active part in a club or match that day.

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We will be consistent with this policy across the PE department to make it clear for all pupils and parents. However, there are times when individual pupils will have different needs and we are happy to discuss those with parents as necessary.

Jewellery

Following Association for PE Guidelines on health and safety in PE lessons, pupils must adhere to the following:

- Remove jewellery and watches, this includes earrings and sports tracker style watches.
- If they cannot remove earrings, pupils must bring tape to cover these BEFORE the lesson. If they don't have tape and can't remove their earrings, pupils will not be able to take part in the lesson.
- Pupils with long hair must tie it back for every lesson.
- Pupils will not be able to take part in the lesson if they don't have the correct protective equipment (shin pads and gum shield) when needed.

If you have any questions about kit or anything else regarding PE lessons, please do not hesitate to contact us directly.

Kind regards

Mrs Vibert

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