

## Weekly Newsletter

6th September 2024

### **Upcoming Dates**

### September

10th Curriculum evening for parents, 18.00 and 18.30

12th INSET - school closed to pupils

16th-20th Year 5 Residential

17th Pupil Flu Nasal Vaccinations

19th Year 4 Hogue Bie

25th School Photos - Individual JCP pupil photos

26th 5P Flu Nasal Vaccinations

### October

18th Just One Tree Day

21st Parent Teacher Consultations, 17.00-19.00,

Classrooms

24th Parent Teacher Consultations, 15.00-18.00,

Classrooms

28th-1st Half Term Week

#### **November**

15th Children in Need

21st Year 5 Assembly, 14.00, Hall

27th Year 4 Swimming Gala, 13.15, Langford

29th Year 3 Swimming Gala, 13.15, Langford



### **Upcoming Dates**



#### **December**

3rd Key Stage 2 Carol Service, 18.00, Methodist Church

4th Reception Nativity,13.30, Hall

5th Reception Nativity, 9.15, Hall

11th Year 2 Production, 13.30, Hall

12th Year 2 Production, 9.00, Hall

13th Christmas Jumper Day

16th Year 1 Christmas Singing, 14.00, Hall

17th Year 1 Christmas Singing, 9.00, Hall

18th Christmas Party Day

19th Last day of term

Our school website contains a lot of useful information - please see jcp.sch.je

<sup>\*</sup>date change

## Headteacher's Message

Welcome back to a new school year at JCP! I hope you had a fantastic summer break, filled with fun, relaxation, and plenty of family time.

It has been wonderful to see all the children settling into their new classes so smoothly. They have embraced the new routines and are already showing great enthusiasm for their new learning.

Over the summer, our team has been busy working behind the scenes to make our school an even better place for your children to learn and grow. We are excited to share with you some of the wonderful improvements that have been made:

New Play Equipment: We've added an array of new play equipment to the school grounds offering your children more ways to play, explore, and enjoy their break times with friends. This will be available to use as soon as the compliance and safety team from the UK visit Jersey later in

the month.







Renovated Playground: Our playground has received a complete makeover! With fresh surfaces, bright new markings, and additional features, it's a safer, more vibrant space for your children to enjoy.

### **Lighting Throughout the School:**

We have upgraded the lighting throughout the school to create a brighter and more welcoming environment. These energy-efficient lights ensure that every classroom, corridor and corner of the playground is well-lit and safe.

Hall Floor: The hall has a brandnew floor, providing a safe and durable space for assemblies, events, and physical activities. It's perfect for all the exciting things we have planned this year!

### Climbing Frame for PE and

Gymnastics: We've installed a new climbing frame in the hall, specifically designed to enhance PE and gymnastics lessons. Your children will have more opportunities to develop their physical skills in a fun and engaging way.





Canopies for Shade: To make outdoor time even more enjoyable, we've added new canopies around the playground to provide much-needed shade. These will help keep your children cool and protected during sunny days.



As we begin this new school year, we are filled with enthusiasm and optimism. Our focus remains on fostering a positive, nurturing and stimulating environment where every child can thrive.

Thank you for your continued trust and support. We can't wait to see all the amazing things our children will accomplish this year!

Thank you
Mrs Precious

### New staff

We are very pleased to welcome Miss Liron, Mrs Le Maistre and Miss Shingles, who join us as class teachers in Year 4, Reception and Year 1 respectively; Miss MacKenzie, Miss Duval and Mrs Pangali who join us as Teaching Assistants; Mrs Marek who joins us in the school office and Ms Pulham who joins us a Lunchtime Supervisor.



Miss Liron



Mrs Le Maistre



Miss Shingles



Miss Mackenzie



Miss Duval



Mrs Pangali



Mrs Marek



Ms Pulham

## Flu Vaccinations

Your child will have brought home a letter and form from Public Health regarding the Nasal Flu vaccinations which are taking place in school on Tuesday 17th September.

Please return the form as soon as possible whether your child is having the vaccination or not. The school nurses will call you if they have not received a form.

5P will be on a trip on the day of the vaccinations - a separate date has been arranged for them which is Thursday 26th September.

## Vision Screening

This takes place in school each year for children in Reception and those new to school and the island up to and including Year 3. Children should have brought home a letter and form for completing and returning to school. The date for the screening is yet to be confirmed.

## Medical

Please note we have strict guidelines to follow with regard to medicines in school and the administration of these. Information regarding this can be found in our 'Medicine in School' policy. Link below.

We ask parents to give any necessary medication to their child themselves. If a prescribed medicine is to be administered three times a day we ask that this is given by parents out of school; before school, after school time and at bed time. If your child has been prescribed a medicine four times a day, please contact the school office for further discussion.

If your child has a medical condition for example an allergy, asthma, diabetes, etc please do come and speak with us at the school office. It is important that our medical records are up to date and where applicable, care plans drawn up and shared with staff. We will also discuss the storage and location of the necessary medication in school. We also ask that you let us know if any medical condition or information we hold on your child changes.

Link to school policies <a href="https://jcp.sch.je/pages/about-jcp/our-policies-and-procedures">https://jcp.sch.je/pages/about-jcp/our-policies-and-procedures</a>

### Lunches

Lunches are available to purchase as follows:

#### **Hot Lunch**

A range of healthy, fresh nutritious meals are available for Key Stage 2 (Years 3 – 6) children. Children who let us know they are having a hot lunch on that day will be taken across to JCG for their lunch at midday. We will also take any child who has forgotten their packed lunch from home. It is not necessary to book in advance.

#### **School Packed Lunch**

These are available for all pupils to pre-order through our online portal/app (Fusion). These are delivered to your child's class.

Payment for all school meals will require parents to set up an **iPayimpact account**. Parents of those new to school will have been emailed the set up instructions and personal onboarding codes last week. Account set up instructions can be found on our website together with more information about lunches:

### https://jcp.sch.je/pages/parent/lunches

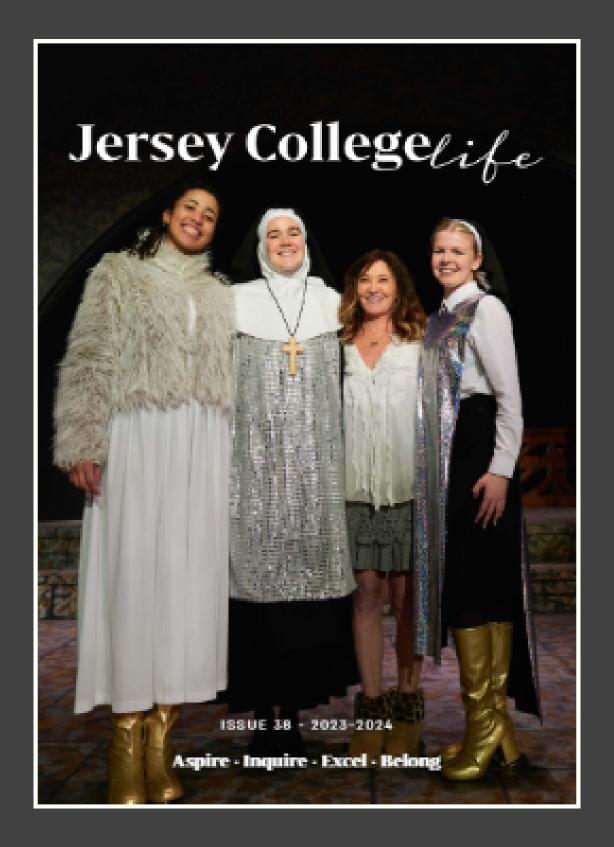
Parents who did not set up an iPay account when it was launched last year and need their child's unique onboarding code should contact Mrs Jehan <a href="mailto:finance@jcp.sch.je">finance@jcp.sch.je</a> for this.

LUNCH

## Jersey College Life

We are pleased to share with you our annual edition of Jersey College Life:

https://jcp.sch.je/pages/about-jcp/jc-lifemagazine







### **Autumn Term Music Clubs**

**Ukulele club** is fully subscribed for the Autumn term. The club commences on Monday 9th September.

**Senior choir** (Years 5&6) takes place on Tuesdays from 3 – 4pm in the School Hall and begins on 10th September. The sign-up form has now closed, but please email me directly at j.tieppo@jcp.sch.je if you have not already registered and your child would like to join. Places are very limited as we are near full capacity.

**Junior Choir** (Year 3 and 4), **Signing choir** (Years 3 – 6) and **Orchestra** (invited children) have started this week. If your child is still wanting to join either Junior Choir or Signing choir, they just need to turn up to the next rehearsal and I will add them to the register. There is no sign-up form for these clubs.

Strings ensemble and Wind ensemble will begin next week. These clubs are open to all strings and wind players, regardless of where your child has instrumental lessons. There is no sign-up form for Strings and Wind ensemble, your child just needs to turn up next week with their instrument and they will be added to the register.

If your child is attending any lunchtime music club, please do not arrange for them to have a hot lunch on the day/s of the club.



## Clubs Next Week

Monday Ukulele, 15.00-16.00, Garden Chalet

Tuesday

Strings Ensemble, 12.30-12.55, Music Room Senior Choir, 15.00-16.00, Hall

Wednesday Wind Ensemble, 12.30-12.55, Music Room

> Friday Orchestra, 8-8.45, Music Room NO Signing Choir





## Clubs Next Week

### Monday

Year 6 Netball Club, 15.00-16.15, Netball court

### **Tuesday**

Year 2 Just Dance, 12.00-12.30, Hall

### Wednesday

Year 4 Netball Club, 12.00-12.30, Netball Court Year 5&6 Football Club, 15.00-16.15, Heathfield





## Children & Families Hub: Free Programmes for Parents

We hope that you are well and have had an enjoyable summer. We would like to share with you the following programmes which are being delivered this Autumn. Spaces are limited so please respond as soon as possible to avoid disappointment.



### Time to Pause in Nature

Time in nature is proven to increase our sense of calm and connection, create a sense of peace and gratitude, improve mental health and wellbeing, give space to be kind to ourselves and flourish. If it feels like it might be time to hit the "pause" button and have some time for you so you can be at your best, whether it's at home, work or play, this could be the programme for you.

Who is it for? For parents and carers with children up to 18 years.
When is it taking place? Wednesdays 11th September to 16th
October (9.30am-11am) at various locations across the island.

### **Emotional First Aid**

Families will gain an understanding of the importance of attending to their emotional wellbeing and learn skills to safely manage difficulties and distress safely. We will explore techniques and strategies to help with both maintaining mental wellbeing, as well as managing instances of emotional distress.

Who is it for? For parents/carers and children of Secondary School age.

When is it taking place? Thursday 12th September (4pm-6pm) at the Bridge.

### **Decider Skills (for parents)**

Using Cognitive Behaviour Therapy, the Decider Skills course will teach you how to recognise your own thoughts, feelings, and behaviours to help enable you to make effective changes to manage: your own wellbeing, cope better emotionally and promote positive mental health.

The course can also potentially give you some ideas and strategies that you can suggest to your child when they are facing difficulties.

Who is it for? For parents and carers with children aged up to 18 years of age.

When is it taking place? Thursday 19th & 26th September 6pm-8pm at the Bridge.

### **Strength Based Parenting**

Strength-based parenting is an evidence-based approach, it supports us to focus more on the positives within parenting and gives practical advice on how to do this. The course focuses on helping parents understand more about strengths and how to spot them in their children. It also helps parents identify their own strengths and how they can use these to help when challenges arise

Research has shown that children who have parents that are strengths-focused have higher levels of well-being, improved life-satisfaction, and increased resilience. It has also been shown to increase parental well-being and help parents feel less stressed.

Who is it for? for parent/carers with children aged 6-18

When is it taking place? Thursday daytime 26 September to 24 October 12.00pm-2.30pm at the Bridge

### **Family Links Nurturing Programme**

This 10-week programme aimed at improving the emotional health of both adults and children and strengthens family relationships. It is a cognitive-relational programme, providing parents with new skills in listening and communicating with their children and it develops an understanding of behaviour in the context of relationships.

Who is it for? for parents and carers of children of all ages, however, is best directed at 4 – 12 years

When is it taking place? Thursday 7th November to 6th February (12.30 -2.30pm) at the Bridge

# Supporting Parents: <a href="Non-violence">Non-violence</a> Resistance Coaching

on-Violent Resistance (NVR) is a pathway and a guiding principle on a journey which will take you to a new way of living with your children. This course guides you to reduce feelings of helplessness, regain parental presence, and become an anchor for your family. While the journey may seem daunting, you'll have the support of facilitators and fellow parents. NVR offers unique ideas that differ from traditional advice, encouraging you to see how they fit your family. Share experiences, gain peer support, and embark on a journey to a better family life. Join us and take the first step towards lasting change

Who is it for? Parenting 'teams' of children of Secondary School age.

When is it taking place? Thursday 5th September (introductory session) / 9th September to 5th December (4-6pm) at the Bridge

If you would like to register for any of the above programmes or if you have any queries, please contact the Children and Families <a href="mailto:childrenandfamilieshub@gov.je">childrenandfamilieshub@gov.je</a> or by calling 519000.

## Get spooky this half-term!

Creative Minds' Camp is returning this half-term (Monday 28th October to Friday 1st November). Book now for a week of spooky thrills, including baking, costume making and pumpkin carving among many other fun activities! Visit the Jersey College Foundation website now for more information and to book

<u>https://jerseycollegeforgirls.com/pages/jc-foundation/creative-minds/creative-minds-camp</u>

