

DOME LUNCH

Week 1



JERSEY
COLLEGE

Soup

Main

Veggie
option

Sides

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil	Chicken & Sweetcorn	Honeyed Carrot SD	Tomato & Basil D	Roasted Squash & Red Pepper
Main	Penne Arabiatta with Garlic Bread EG	Chilli Beef Nachos C,D,E,G,SD	Roast Chicken 'galantine' C,D,E,SD	Chicken & Broccoli Fried Rice	Breaded Fish Fingers with chips
Veggie option		Chilli Veggie Nachos C,D,E,G,SD	Mac & Cheese D,G	Vegetable Fried Rice	Fried haloumi cheese, with chips D,E,G,M
Sides	Fresh salad Sweetcorn	Sour cream Cheese	Seasonal Vegetables		Beans or Garden Peas

and also jacket potato either plain or with Tuna & Onion/ Cheese/ Baked beans

DOME LUNCH

Week 2



JERSEY
COLLEGE

Soup

Main

Veggie
option

Sides

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil	Chicken & Sweetcorn	Honeyed Carrot SD	Tomato & Basil D	Roasted Squash & Red Pepper
Main	Vegetable Fried Rice with Spring Rolls	Pepperoni Pizza D, G, SD	Sausage, Mash/ Roast potato with gravy	Creamy Chicken & Mushroom Pasta Bake	Chicken Shawarma Gyros with chips
Veggie option		Margherita Pizza D,G,SD	Mac & Cheese D,G	Vegetable Pasta Bake	Cajun Vegetable & Halloumi Gyros with chips
Sides	Fresh salad	Sour cream Cheese	Seasonal Vegetables		

and also jacket potato either plain or with Tuna & Onion/ Cheese/ Baked beans