

DOMELUNCH

Week 1



JERSEY
COLLEGE

Monday

Minted pea and
coconut
TN, D

Penne pasta,
Italian-style tomato
Napoli G, E

Penne pasta, Italian
style tomato Napoli
G,E

Tuesday

Roast honeyed carrot
SD

Mild Chiang Mai-style
Thai chicken curry
C,TN,M,D

Mild Chian Mai-style
vegetable curry
curry
C,TN,M,D

Wednesday

Confit tomato and
basil, with cream
D

Slow-roast beef,
rosemary
SD,C

"Mac & Cheese D,G
or
Roast cauliflower
'steaks' C,G,D

Thursday

Spinach, nutmeg and
cream
D

Italian-style
beef cannelloni
D,G,E,SD,C

Italian-style vegetable
cannelloni
D,G,E

Friday

Butternut and
caramelised carrot
SD

White fish of the da
Red cabbage sla
Fries
M,E,D,G,F

Fried haloumi cheese,
tartare sauce, Fries
D,G,E,M

and also jacket potato either plain or with Tuna & Onion/ Cheese/ Baked beans

Leafy salad, tomato salad, seasonal vegetables

Soup

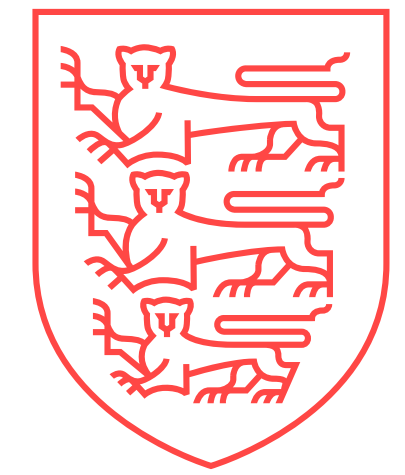
Main

Veggie
option

Sides

DOMELUNCH

Week 2



JERSEY
COLLEGE

Monday

Tuesday

Wednesday

Thursday

Friday

Minted pea &
coconut
TN, D

Roast honeyed
carrot
SD

Confit tomato and
basil, with cream
D

Spinach, nutmeg &
cream
D

Butternut
& caramelised carrot
SD

Italian-style basil and
pumpkin seed 'pesto',
gnocchi
G,C,SD D,E

Sourdough pizza slice -
margherita or pepper-
oni
G,D,SD

Slow-roast
chicken 'galantine'
rosemary
E, D, SD,C

Chilli beef nachos
G,D,E,SD,C

Southern Fried
Chicken, Fries
SD,C,G,D

Italian-style basil and
pumpkin seed 'pesto',
gnocchi
G,C,SD D,E

Sourdough pizza slice -
margherita or pepper-
oni
G,D,SD

"Mac & Cheese
D,G
or
Charred broccoli

Chilli veggie nachos
G,D,E,SD,C

Grilled haloumi
cheese, Fries
G,D,E, M

and also jacket potato either plain or with Tuna & Onion/ Cheese/ Baked beans

Leafy salad, tomato salad, seasonal vegetables

Soup

Main

Veggie
option

Sides