

Parent Seminar

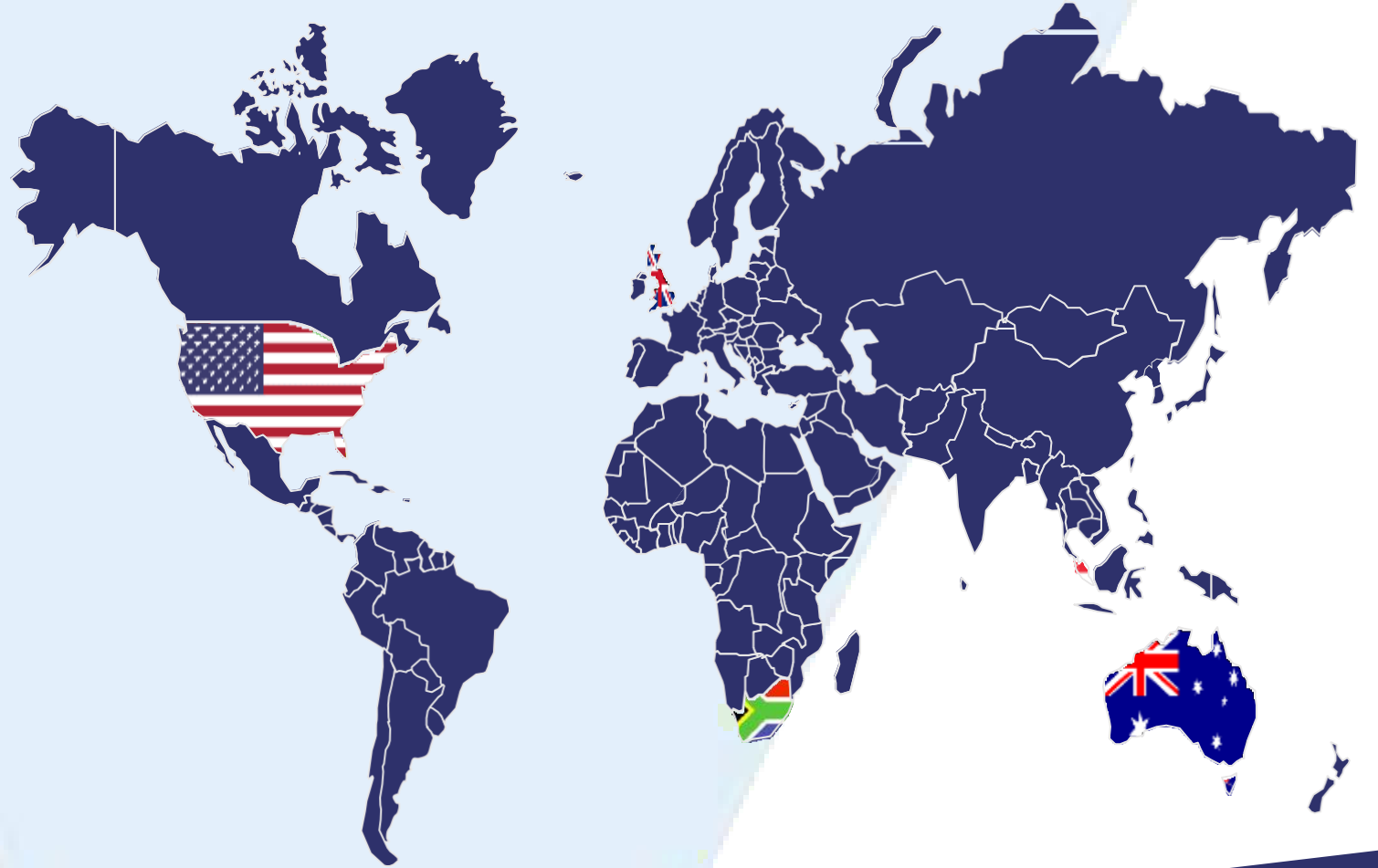


Elevate Education – Who are we?

Research: Why do the top students get the top results?

Work with the top students around the world (2000+ schools, across 5 countries)

13 key study habits



13 key skills



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Time Management

Elevate Education – Study Timetables



What?	When?



What?	When?



What?	When?



What?	When?



What?	When?

Elevate Education – Study Timetables



Study Timetable

One of the hardest things about being a student isn't necessarily the actual *work* we'll be doing, but rather finding the time to *DO* that work. We all lead busy lives, we procrastinate, and there's always something we'd rather be watching on Netflix than doing homework. One of the best ways to make sure we've got the time to study is to create a study timetable. Before you cringe at the term, check out the 8 steps below for making a study timetable that you will

STUDY TIME TABLE

	Period	English	Science	Maths	History
1st					
2nd					
3rd					
4th					
5th					
6th					
7th					
8th					
9th					
10th					
11th					
12th					

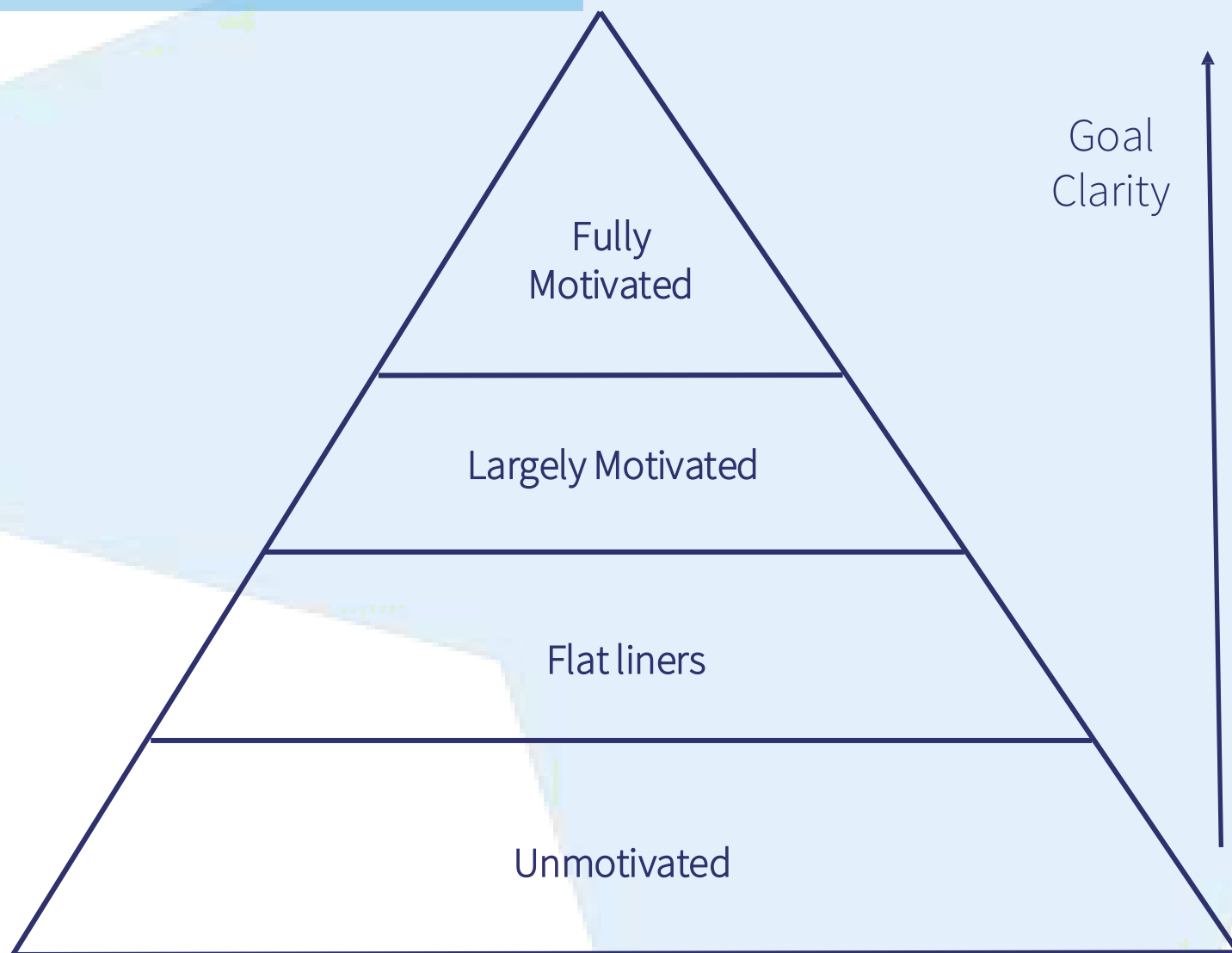
Time	Date	Topic
1st		
2nd		
3rd		
4th		
5th		
6th		
7th		
8th		
9th		
10th		
11th		
12th		

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Motivation

Hierarchy of Motivation



Goal
Clarity

www.discoveruni.org.uk

www.ucas.com

www.notgoingtouni.co.uk

Setting a goal

Step 1: Consider options and write down what you want to do

Step 2: Determine entrance requirements

Step 3: Account for rising entrance scores

Step 4: Write the goal down & make it visual

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What to do

3 types of work

1. Practice Papers
2. Making notes during term
3. Extra reading
[literary analyses, in depth facts, alternative arguments, quotes]

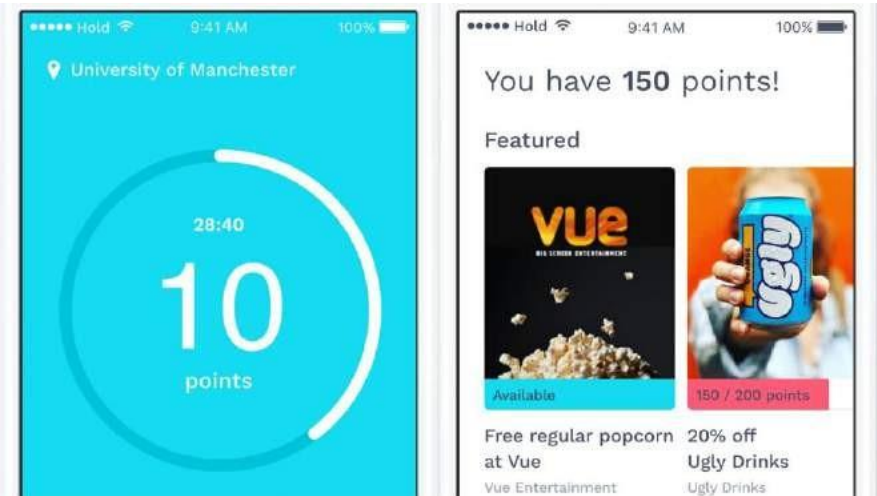
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Dealing with Technology

Dealing with tech

- ~~Controlling behaviour~~ → self-regulating behaviour
 - High powered vs low powered work

Dealing with tech



Hold



SelfControl

A free Mac application to help you avoid distracting websites.

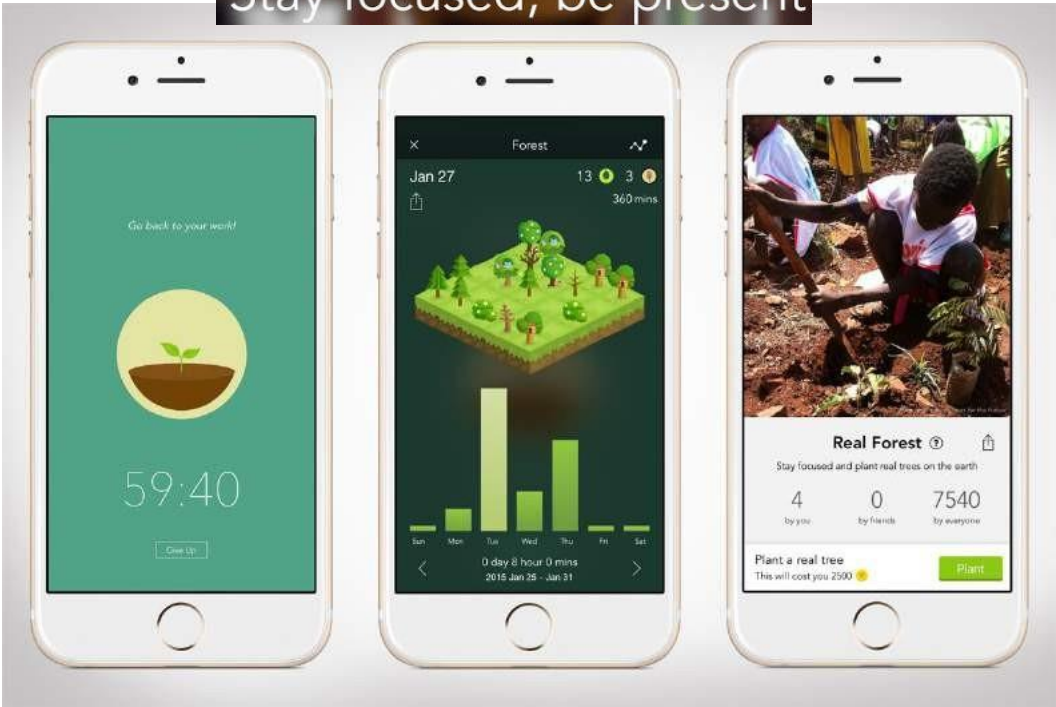
[Download SelfControl](#)
v2.2.2, for Mac OS X 10.7+

Users of older OS versions can download SelfControl 1.5.1 for Mac OS X 10.5+.



Forest

Stay focused, be present



Welcome to the Student Portal.

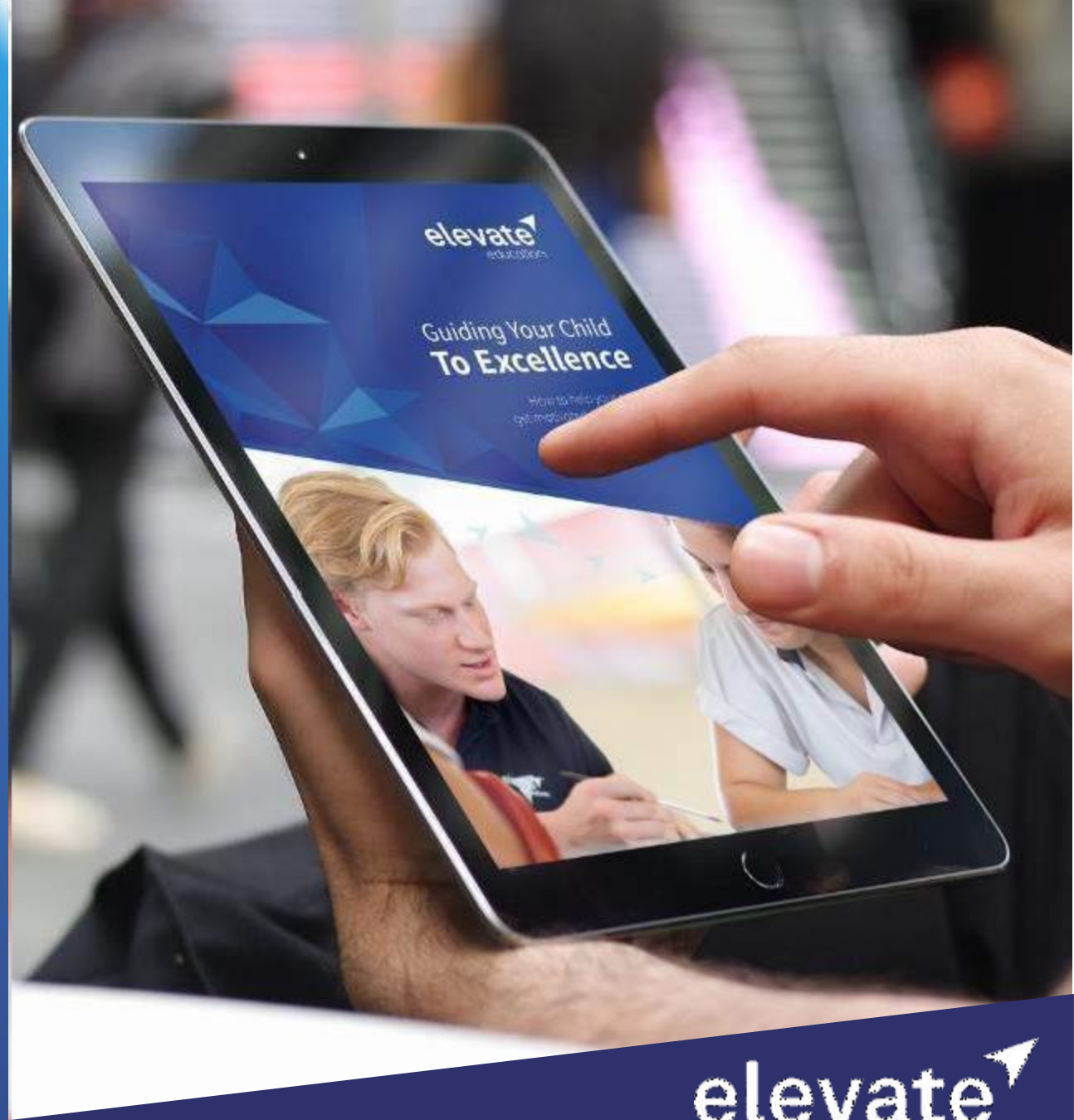
If you've seen an Elevate seminar, your presenter would have given you a **password**. Enter it below for premium access!

Next steps you can take



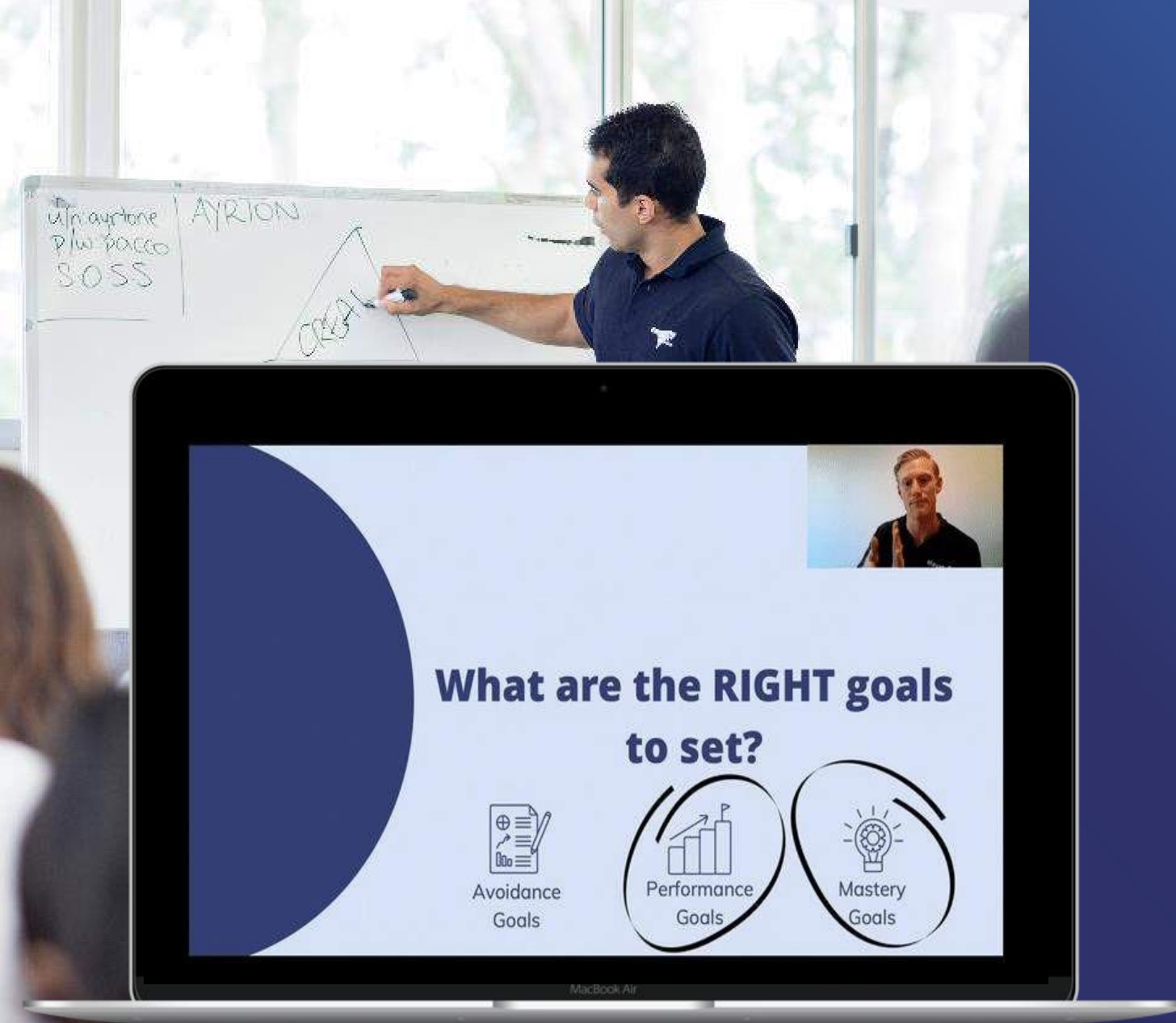
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