



JERSEY
COLLEGE
for Girls

Aspire • Inquire • Excel • Belong



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Year 11 Sixth Form Options Launch Evening

4th November 2024

Aspire • Inquire • Excel • Belong

Jess Williams

Head of Upper School

This Evening

- Exam season expectations: Peter Marett
- Exam wellbeing: Simon Milner
- Introduction to Sixth Form: Carl Howarth, Natalie Hopkins and our Head girl team

Welcome

Upper school team

- Jessica Williams (Head of Upper School) – J.Williams@jcg.sch.je
- Hayley Farrell (Assistant Head of Upper School) H.Farrell@jcg.sch.je
- Simon Milner (Assistant Headteacher & DSL) S.Milner@jcg.sch.je
- Alice Veitch (DDSL and attendance and welfare) A.Veitch@jcg.sch.je

EMBRACING LEARNING



What is Character Education?

Character is a set of personal traits, dispositions or habits. Our character shapes how we feel about the world and how we are motivated to act. Our character guides us in doing what we think is right.

Character education is all of the activities you experience in your education (not just lessons, but everything you do through school) that help you develop positive character strengths. These strengths are sometimes called *virtues*.

Adapted from the Jubilee Centre

The Jubilee Centre's Framework of Virtues linked to our Values

Intellectual Virtues	Civic Virtues	Moral Virtues	Performance Strengths
Pursuit of knowledge, truth and understanding	How we relate to our local, national and global communities	Our ethical awareness and how we link our own ambitions to the common good	Character traits that allow us to succeed in demonstrating the other virtues
Example: Curiosity	Example: Compassion	Example: Courage	Example: Conscientiousness
Inquire	Belong	Aspire	Excel

SUPPORT

- Who to contact
- How to get in touch
- How to escalate

Staff to contact: Academic Issues

- In the first instance, please contact the class teacher

If escalation is needed, please contact the Head of Department, or the Head of Faculty:

- Simon Lewis, Head of **Maths** Faculty
- Janet Vernaglione, Head of the **Language** Faculty
- Steve Braithwaite, Head of **Science** Faculty
- Edward Palfreyman, Head of **Humanities** Faculty
- Emma Carre, Head of **Performance & Creativity** Faculty
- Katharine Moss, Head of **English** Faculty

Staff to contact: General / Pastoral Issues

For most matters, your student's tutor is the first contact:

- 11AB – Adam Sykes and Jacques Mare
- 11CA – Jenny Morris
- 11CF – Annabel Jervis
- 11GA – Lucy Batty and Lisa Williamson
- 11IN – Edward Palfreyman
- 11NI – Katharine Moss

The tutor is your first port of call. They will see their form first every day. They can check in, pass information on, liaise with you and with class teachers.

What to expect in exam season

Peter Marett

Mocks

- The mock exams will be run as far as possible like the real thing
- They are to help you know what to expect so avoid learning markschemes etc. (as this will not help students and will be a poor indicator)
- The students' papers will be kept in case we were to have another national crisis as evidence for any teacher assessed grades
- They are a bit more intense than the real exams because we don't want to spend a whole half term doing mock exams

Summer timetables, Liberation Day and contingency days

- Personal timetables will be issued. Please give your school time to do this. We won't forget to send them!
- When you receive this, please check the times etc. but also check the name on the statement as this will be the name on the certificate
- If you have a clash, you will be supervised and scheduled to do the exam at another time – usually the same day. There is a limit on how much you can do on one day and we will check this in the real exams. In the unlikely event you have too much on one day, you will be expected to do an overnight supervision (this comes with a set of rules)
- GCSE exams begin on 6th May 25 – please note that there could be exams on Liberation Day!
- The final day is 19th June 25 but ...
- Students have to be available to do an exam on any of the contingency days – 11th June and 25th June
- Information on the website

NEAs/Coursework

- Students need to follow teachers' guidance on what they can and cannot do
- They need to take care with any use of AI and acknowledge sources
- They need to note any deadlines
- Students will receive the marks for their coursework (not grades as this might differ) and have a chance to request that marking is checked. This happens before coursework is submitted to the exam boards. Once the coursework goes to the exam board, there are no more opportunities for marks to be reviewed.

Preparation

- Ensure students check their own timetable and don't rely on their friends
- Check the night before – what is the exam, what time and what is needed
- Pack the bag the night before
- Plan the journeys the night before – sometimes students need to travel at different times to usual
- Keep a routine

Exam days

- Arrival times to hall – 0900 and 1330 – be outside 15 minutes before
- Late arrival – call! But we will phone if a student is missing. In most cases, we can make a late start. If they are very late (unlikely as this is 1 hour), we have to apply for special consideration. It is important to remove the student's phone, accompany them and pass the student to a member of staff at the College as soon as possible and ask them to note the time.
- The desk must be clear - no watches at all. No digital device. No notes. No notes on hands etc. No spectacle cases.
- Must have a clear pencil case, at least 2 black pens, 2 pencils, ruler, eraser, calculator (without lid), protractor, compass, highlighter pens
- Clear bottle
- Invigilators – are there to help. Say if something is not right! (e.g is it the right paper at the right level? Are the access arrangements as expected?)
- Remember – we do our best to maintain a quiet working environment but we are a working school near a road.

What if something is wrong?

Speak up if something is not right so we can deal with it at the time.

However ...

- Illness
- Fire alarm
- Illness or death of close family member

Need evidence. Submit after the exam.

Results days

- Thursday 21st August
- We send instructions
- Others cannot collect on behalf of students
- They are emailed to student school email address too
- Celebration and support is available at College

Post results services

- We send instructions about the services available
- Script return
- Review of marking
- There is a charge – you only receive a refund if your grade changes
- Marks can go down as well as go up so check with the relevant subject teacher
- Requests and payments are all completed online

Certificates

- Certificates are issued late in the autumn term

Examinations and Student Wellbeing

Simon Milner

The Big Picture: Maintaining Balance

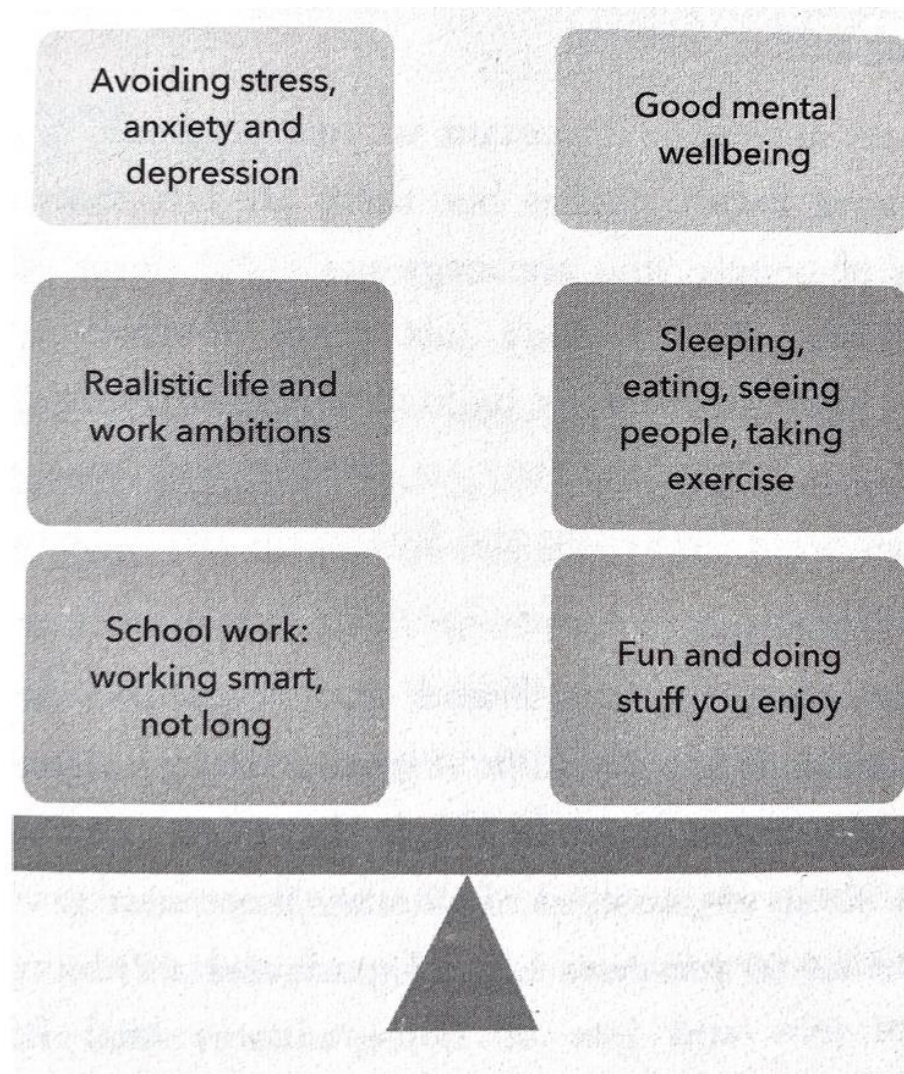


Image from
Dr Tara
Porter, *You
Don't
Understand
Me* (2022),
p. 191.

Maintain Healthy Learning

Be a scientist about your own behaviour; notice which elements affect you most when they're depleted. Then build some better habits to increase your SHED fuel and, as a consequence, fuel your brain. Sara Milne Rowe

- Sleep
- Hydration
- Exercise
- Diet



The Revision Timetable

- Start with when you can't revise (family commitments, paid work, unmissable social events etc.)
- Be realistic about when you work best (larks and owls...)
- Build in breaks (approx. 30 mins for every 2 hours)
- Check you have a good balance of physical activity, relaxation, socialising and creativity built into time not spent revising
- Avoid cramming, and remember to interleave subjects over time (see 'Work Smart')
- Plan around internal assessments (to maximise the benefit of these)
- Treat it as a guide and an aspiration

How to Pay Attention

Attention is the gateway to learning: virtually no information will be memorized if it has not previously been amplified by attention and awareness. Professor Stanislas Dehaene

Minimise Distractions

- Manage devices
- Find a quiet space
- Turn off the music (certainly no music with lyrics)

Boost Motivation

- Enhance the environment (comfort, snacks etc.)
- Plan to succeed (break it down, start easy)
- Build a habit (same sequence, same time, same place)
- Consider a study group
- Focus on the 'why'
- End with a reward

Work Smart

<https://www.learningscientists.org/downloadable-materials>

Not on this list
(less effective):

- Re-reading textbook
- Copying out notes
- Highlighting notes



Content by Yana Weinstein [University of Massachusetts Lowell] & Megan Smith [Rhode Island College] | Illustrations by Oliver Caviglioli [teachinghow2s.com/cogsci]
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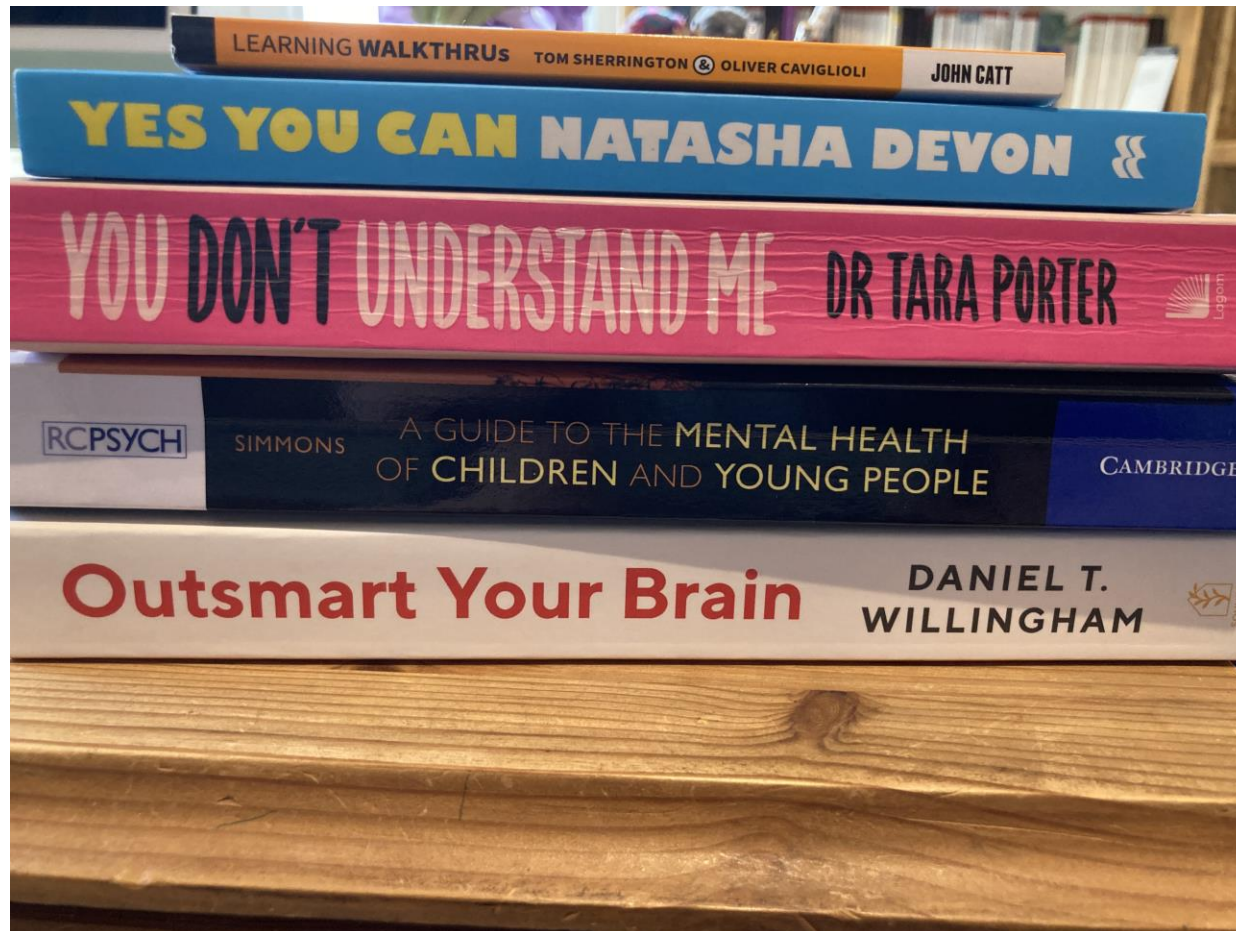
A Parent/Carer Contract

Taken from Natahsha Devon, *Yes You Can Ace Your Exams Without Losing Your Mind* (2020), p.189

The Parent/Carer promises to

- Trust The Revisor to plan their revision and to execute this plan in a timely fashion.
- Not 'check in' on the Revisor every five minutes demanding to know where they are up to with their revision.
- Trust The Revisor when they say they are conducting finite 'stress bucket' emptying activities and not assuming they are malingering.
- Demonstrate that they are proud of the The Revisor whatever the outcome of their exams may be.

If you're interested...



Words of wisdom – life in JCG Sixth Form

- Carl Howarth
- Natalie Hopkins
- Yasmin (Head Girl), Aarya and Harriet (Deputy Head Girls)

The Advanced Learning Programme

The Advanced Learning Programme



- **Core Studies** = 3 (or 4) A Level Courses
22 subjects to choose from
 - (+ subjects offered at collaboration colleges. Students should only take one subject at another College)
- **Electives**
 - Compulsory Life Skills & Choices
 - VESPA
 - Chosen courses



Core Studies

- Choose 3 A level subjects (or 4 if choosing Further Maths)
- 5 hours of lessons per week per subject = 15 hours
- Internal exams taken at the end of Year 12
- External exams taken at the end of Year 13



Electives

- Variety of courses to choose from + compulsory Life Skills & Choices and VESPA sessions = 5 hours of lessons per week

(students doing Further Maths as a 4th A level do not have to choose electives)

- Course length varies from 1 term to a year
- Courses are taught in 1 lesson per week
- Some courses will lead to a qualification, but most are taken for the enjoyment of learning about something new

Elective Examples

- Jewellery Making
- History of Art
- Kickboxing
- Model UN
- Walks with Hector
- Fitness
- Crochet
- Beginners German
- Book Buddies
- How to Flourish in Life
- Journalism
- Robotics
- Sculpture
- TEFL
- Extended Project Q



Independent Study

- Time for students to complete homework and proactive work (self-directed study).
- In Term 1 students will have 4 hours per week of supervised study.
- This allows students to manage the change to more independent work in the most effective way.
- 5 hours of study periods per week in school + a minimum of 10 hours per week out of school (this includes homework set by subject teachers).

Entry Criteria

To join us as a sixth former, you will need:

- An enjoyment of learning and curiosity about your subjects
- A positive attitude towards your studies
- A **minimum of five GCSE passes at grade 6 or above** (including GCSE **English and Mathematics at grade 5** or above)
- To meet the stated criteria in the subjects that you wish to study at A level.
- To continue each individual subject into Year 13, you will need to gain a grade D or above in your end of Year 12 exams. You will need to gain a grade D or above in at least two subjects to continue into Year 13.

Calendar of Year 11 Events 2024-25

Autumn Term

- Post-16 Options Presentation – October
- Sixth Form Information Week – w/b 4 November
- Core Subject Taster Lessons – w/b 11 November and 18 November
- Discussions with current Year 13 students – 20 November
- Individual Sessions with Advisors from Skills Jersey – w/b 18 November and 25 November

Spring Term

- GCSE Mock Examinations – 8-16 January
- Individual Interviews – w/b 27 January
- Core subject choices to Miss Lea – 5 February
- Core subject choices confirmed by the end of the spring term

In the case of external applicants -

- You will be invited to a taster morning (via your current school)
- You can apply online via the College website

Summer Term

- Final day before study leave – 2 May
- Summer examination session begins – 8 May
- Year 12 Induction Day – 27 June (tbc)
- GCSE results day – 21 August
- Core subject choice confirmation post-results – 2 September
- Start Year 12 – 3 September

Contact Details

Natalie Hopkins– Head of Sixth Form

Tel: 516356 Email: n.hopkins@jcg.sch.je

Ruth Lea – Assistant Headteacher (Learning & Curriculum)

Tel: 516268 Email: r.lea@jcg.sch.je

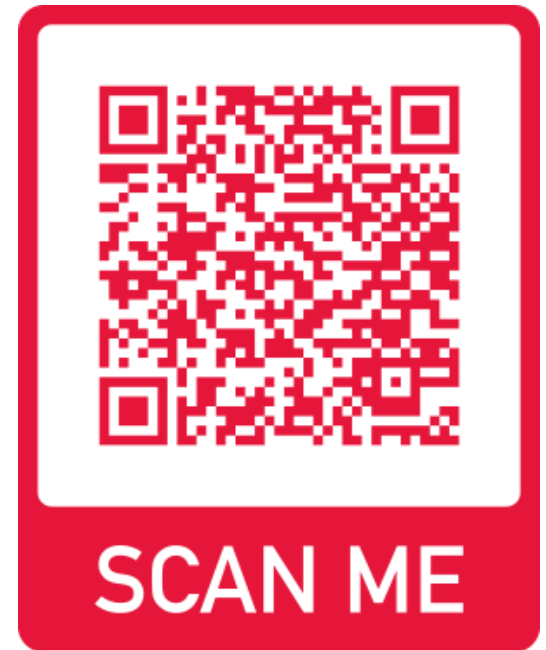
Adam Sykes – Employability Co-ordinator

Tel: 516231 Email: a.sykes@jcg.sch.je

Our online prospectus

The link will go to current JCG students by email today

[Online Prospectus Entry 2024](#)



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