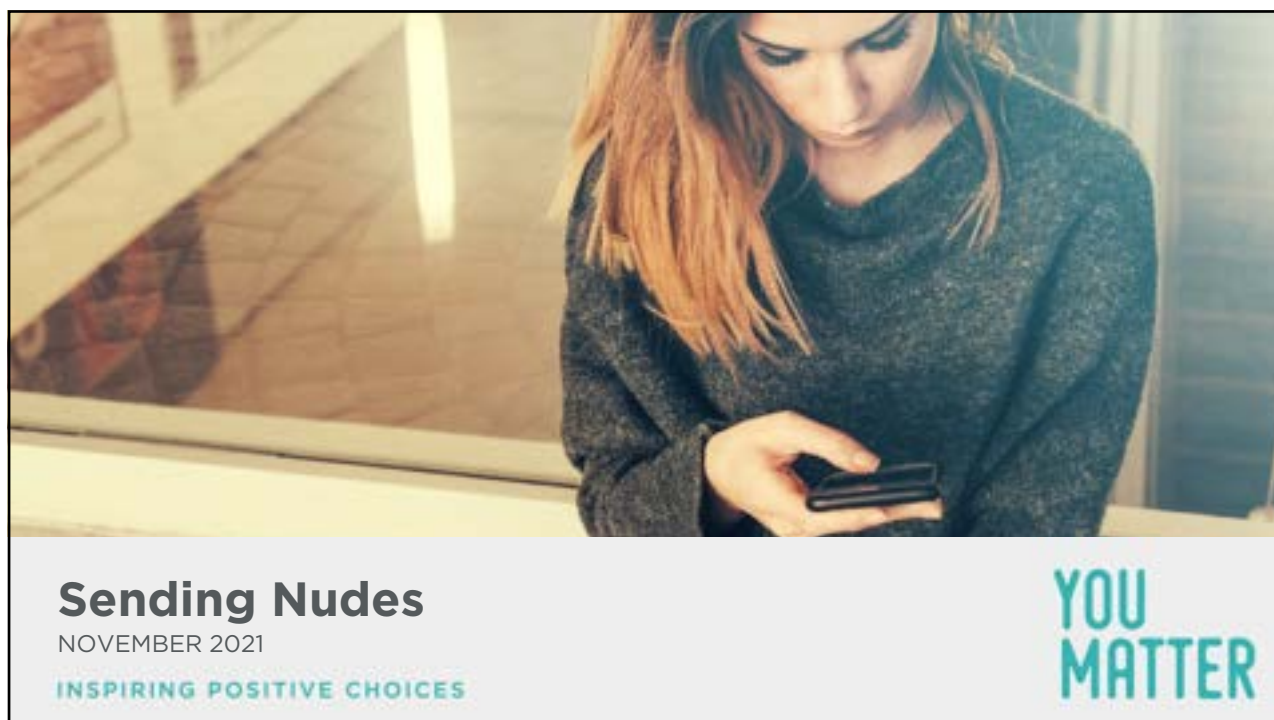




1

Housekeeping!

- Please ensure you're accessing the talk in a private location and be mindful of who can hear (little ears!).
- Please don't share personal stories
- Please keep your camera on, if you feel able to!
- Please ensure that you are on mute (unless asking a question)
- Q&A

**YOU
MATTER**

INSPIRING POSITIVE CHOICES

2



**YOU
MATTER**

Sending Nudes **~~Sexting~~ – What is it?**

Taking and sharing self-generated photographs of naked bodies or body parts.

INSPIRING POSITIVE CHOICES

3

**YOU
MATTER**

Sexting – What is it?

Also known as “nudes”, “pic for pic” or sometimes simply “pictures”

INSPIRING POSITIVE CHOICES

4

YOU
MATTER



Why do people send nudes?

INSPIRING POSITIVE CHOICES

5

YOU
MATTER



How might people send nudes?

INSPIRING POSITIVE CHOICES

6



**YOU
MATTER**

“I sent some naked pictures of myself to a boy that I was talking to online. I really regret it now because he took screenshots and says that he’ll show them to all my friends. I don’t know how to report him, I really don’t want my family to find out.”

- 14 year old girl

INSPIRING POSITIVE CHOICES

7

How many young people are doing it?

**YOU
MATTER**

- “Statistics range between 13 and 35 per cent of young people being involved in sexting, depending on their age and the way sexting is measured.”
NSPCC (2019)
- Sexts by children in the UK have risen 183% during lockdown compared to before measures were imposed, with a 55% rise in sexts drafted during normal school hours.

SafeToNet (2020)

INSPIRING POSITIVE CHOICES

8

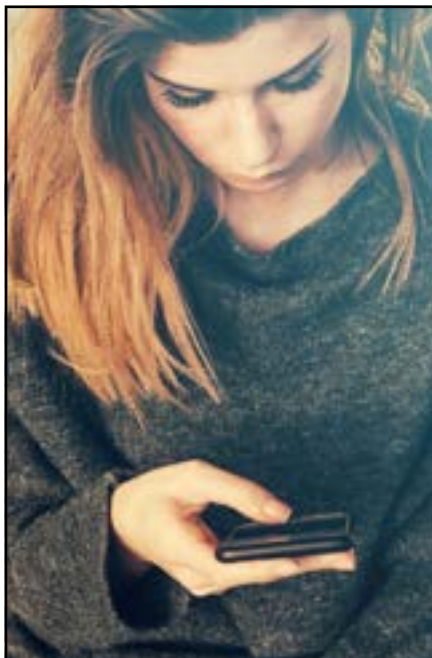
YOU
MATTER

The Risks:

- Bullying / harassment
- Lack of control of images
- 'Digital footprint'
- Future career / job issues
- Where the images might end up...
- The legal implications

INSPIRING POSITIVE CHOICES

9

YOU
MATTER

The Law

Creating or sharing explicit images of a child is illegal, even if the person doing it is a child.

Protection of Children (Jersey) Law 1994 (revised 2013)

Makes it an offence to take, make, show, distribute, possess (with a view to distribute) or publish an indecent photograph or pseudo-photograph of a child under the age of 16.

INSPIRING POSITIVE CHOICES

10



The Law

YOU MATTER

Telecommunications (Jersey) Law 2002
Makes it an offence to share private sexual photographs or films with the intent to cause distress.

Sexual offences (Jersey) Law 2018
Makes up-skirting an offence, taking voyeuristic photos without permission a specific offence.

INSPIRING POSITIVE CHOICES

11



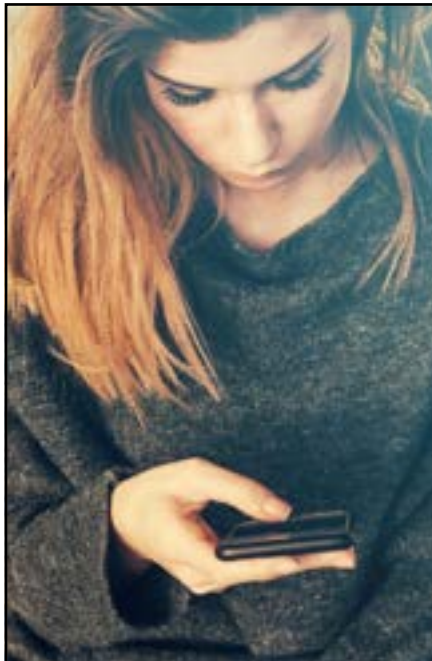
Practical tips:

YOU MATTER

- Outline your expectations of mobile phone / internet use
- Parental controls / passwords?
- Remind your child that their body is private, and being asked to send nudes is disrespectful and not OK

INSPIRING POSITIVE CHOICES

12



What Can I do?

**YOU
MATTER**

- Start the conversation
- Use 'teachable moments'
- Reassure your child that you will be supportive and understanding

INSPIRING POSITIVE CHOICES

13



Voice of young person

**YOU
MATTER**

- "Be more wary of what your kids are doing – check their phones and if they won't let you, take their phones off them"
- "Kids need privacy, but parents need to be aware"
- Snapchat – for my eyes only
- Insta - Ultra
- Camera roll – calculator app
- Everyone is under pressure
- Parents need to know about TikTok!

INSPIRING POSITIVE CHOICES

14

YOU
MATTER

The Acid Test...

- Would you be happy if Mum / Dad / Granny etc. saw the photo? If not... don't send!

Sources of support

- Make sure that your child knows where to seek help from in the event of something happening. Who would they go to?

INSPIRING POSITIVE CHOICES

15



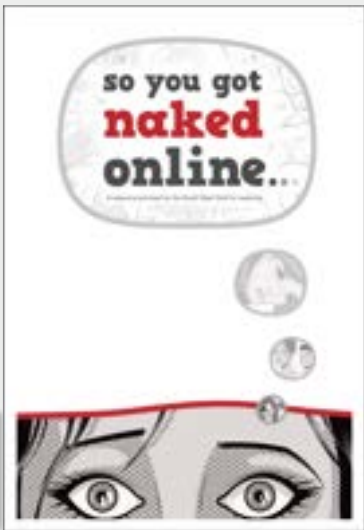
If your young person is affected:

YOU
MATTER

- Remember they'll be watching your reaction
- Take a deep breath!
- Try to remain calm and supportive
- Reassure them that they're not alone
- Make a plan together

INSPIRING POSITIVE CHOICES

16



**so you got
naked
online...**

**YOU
MATTER**

<https://swgfl.org.uk/assets/documents/so-you-got-naked-online.pdf>

INSPIRING POSITIVE CHOICES

17



NSPCC
Let's keep kids safe online

Net Aware

Your guide to social networks, apps and games

It is free to use

View all social networks, apps and games

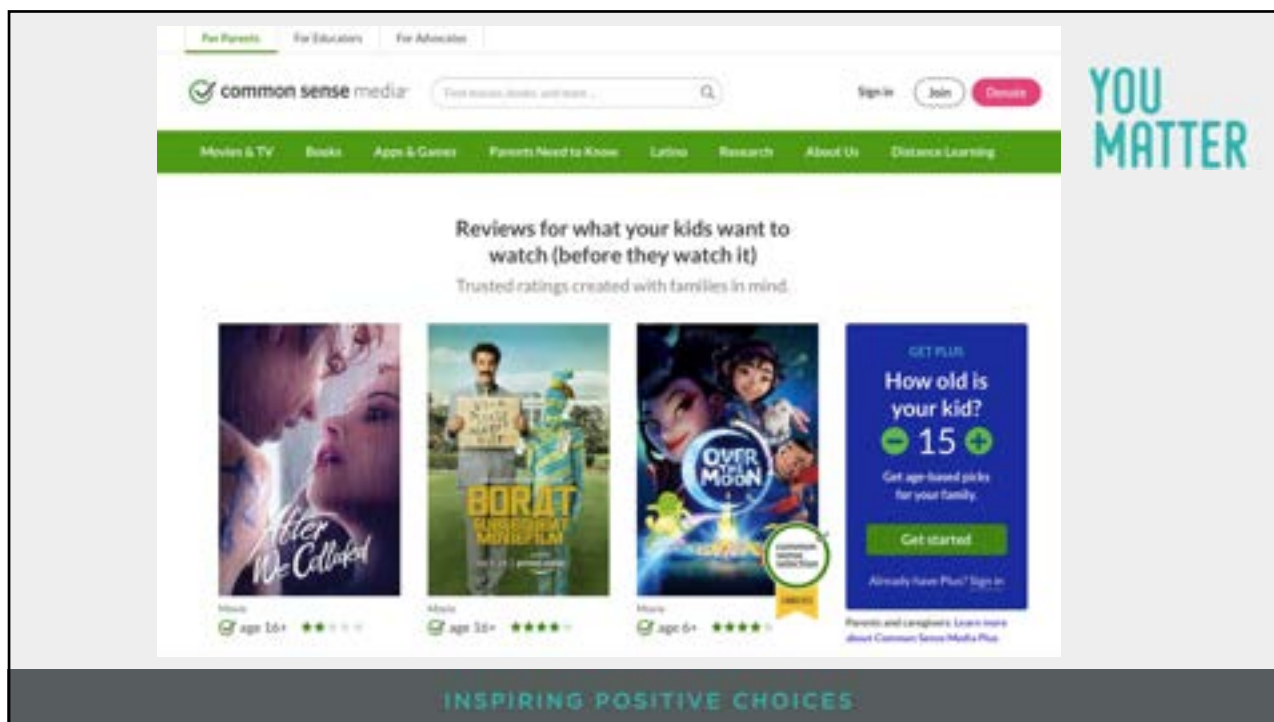
Watch our video about Net Aware

**YOU
MATTER**

<https://www.net-aware.org.uk>

INSPIRING POSITIVE CHOICES

18



19

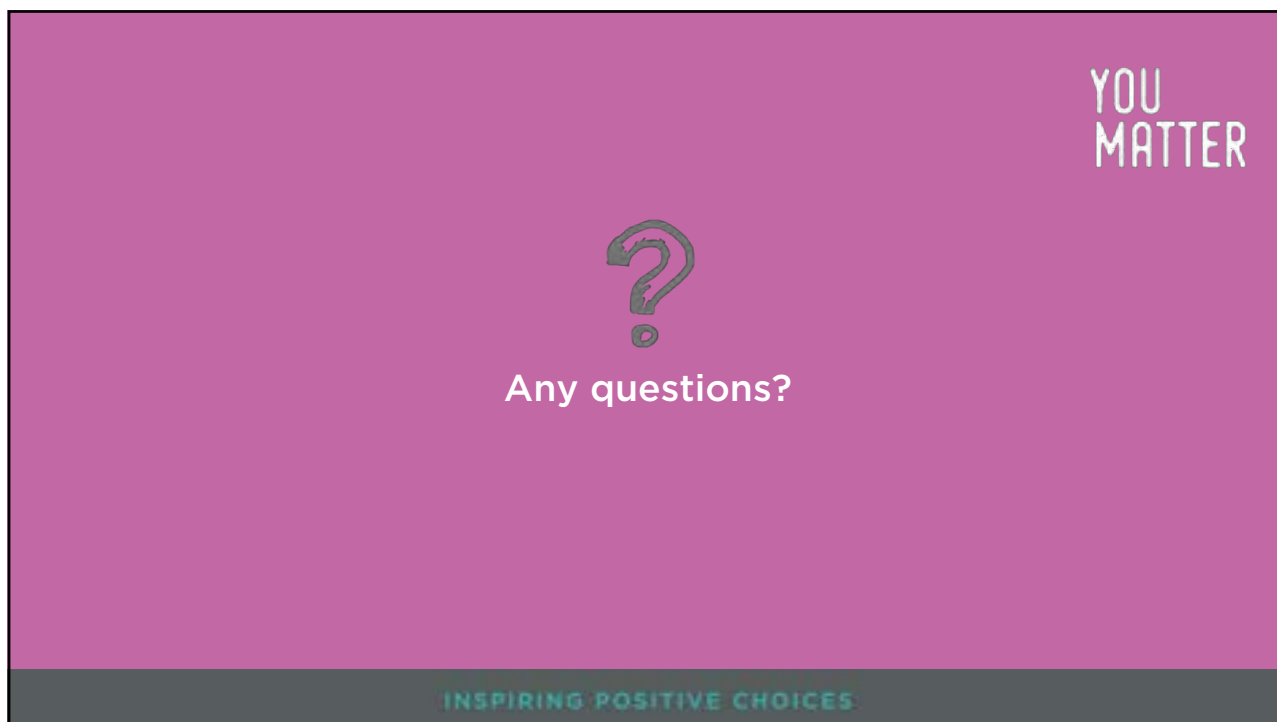


The 'X' Plan

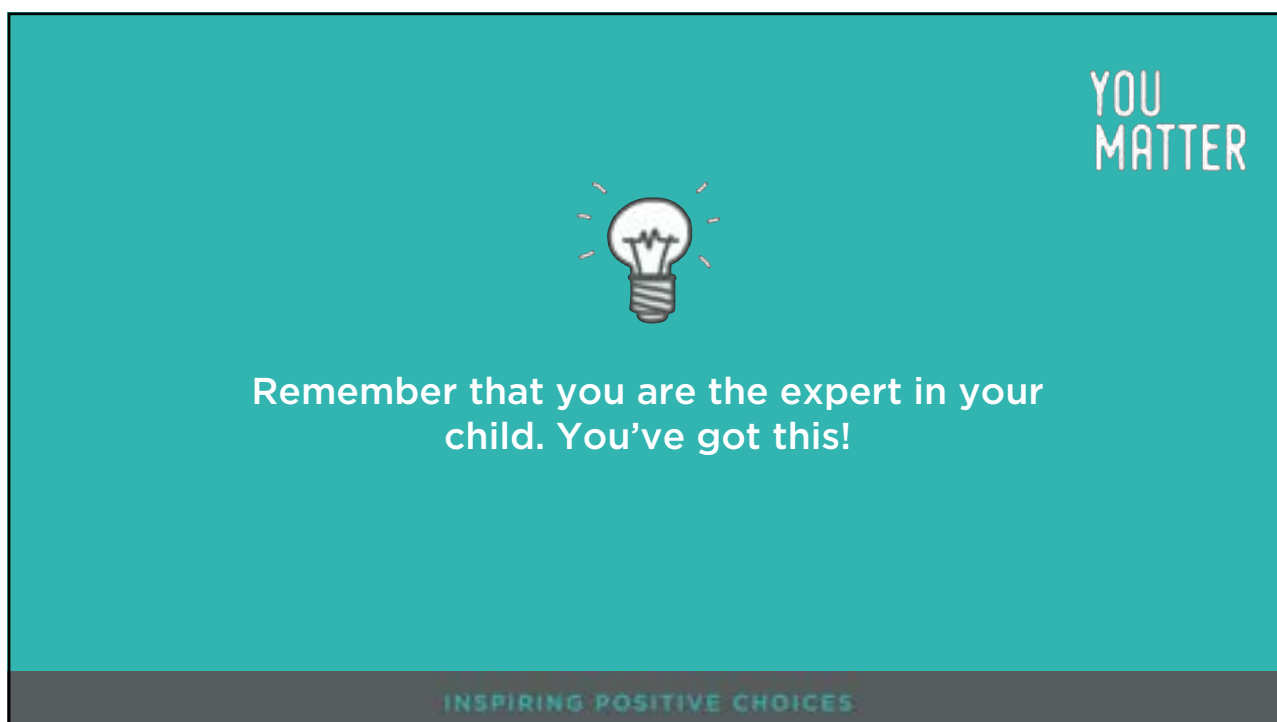
- If anything makes your child uncomfortable and they need a way out, all they have to do is send you a text saying 'X'.
- You call them, telling them they must come home immediately.
- This saves them face and provides them with a way out.
- **The important bit:** you agree that you pass no judgement and ask no questions.
- (one caveat – if someone is at risk, they must tell you)

INSPIRING POSITIVE CHOICES

20



21



22



23